

# Sexual and Reproductive Health of Adolescents and Youth in Senegal

#### **Context**

Senegal has relatively low sexual and reproductive health (SRH) indicators, particularly in terms of the realization of sexual and reproductive rights (SRHR) for youth and adolescents (Y&A). Access rates to family planning and contraceptive methods are low overall, and rates of pregnancy, early marriage, and gender-based violence are high, with strong regional disparities within the country.

However, the country presents a context that is favorable to targeted actions on these issues, with a relatively well-developed legal framework, despite being largely unenforced, an active civil society that brings together a wide range of actors, and several interventions carried out by the country's Technical and Financial Partners (TFPs), that complement each other and that could be used to strengthen, extend and synergize initiatives.

### **KEY INFORMATIONS**

- Project duration: 4 years (February 2021 February 2025)
- Beneficiaries: Youth and adolescents, health and community health workers, community leaders, parents and educators, local and national policy makers.
- Funding: total budget of €8,800,000 including an AFD contribution of €8,000,000
- Partners : Solthis, ENDA santé, LARTES, RAES, Equipop
- Country of intervention: Senegal (Thiès and Sédhiou regions)



## **OBJECTIVES**

The SANSAS project aims to improve access to sexual and reproductive health rights for youth and adolescents in Senegal, particularly girls, young women, and vulnerable youth.

This objective will be achieved by guaranteeing access to quality and appropriate health services as well as promoting sexual and reproductive health education aimed at reducing gender inequalities and related violence.

To achieve this objective, the intervention logic is built holistically around the supply of services and the demand concentrated on two targeted intervention areas to maximize the impact of the activities. The intervention will be articulated in the school and out-of-school environment and around social and political mobilization at the local and national levels. The project's approach is oriented towards behavior change, capacity building and empowerment of beneficiaries, particularly young women and men, by involving their active participation at all stages of the project cycle. Gender-sensitive indicators identified through operational research will ensure the impact of the project.

This innovative project, through its integration of operational research and the promotion of self-care, will allow, notably through knowledge transfer, to feed the public debate at the local, national, and sub-regional levels, in order to have a durable impact on the SRHR of adolescents and youth in Senegal and by extension, in West Africa.



## **EXPECTED OUTCOMES**

- The SRH care and service offer in the project's intervention zones is expanded and better aligned with the needs of youth and adolescents. Its quality and access are improved and the skills of its agents are strengthened.
- Young people and adolescents in the project's intervention areas have the knowledge and skills necessary to assert their choices and preferences regarding their sexual and reproductive health, reducing gender-based discrimination and violence.
- Communities, as well as decision-makers at the community, local and national levels, are better informed, sensitized and take into account the needs and rights of youth and adolescents in order to influence the adoption of policies more favorable to SRHR and gender equality.



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