





WHO ARE WE?

As an international solidarity organisation working in the field of health in Africa, our goal is to sustainably improve the health of populations, particularly those most at risk, in resource-limited countries, and to strengthen their access to health.

- We work to promote equitable access to quality health care and services for all and to enhance universal right to health.
- We support health systems and their actors: health workers, patients, communities, health authorities, civil society, in a sustainable strengthening approach.
- We always act in partnership, committing ourselves to a non-substitution approach, looking for our added-value and promoting national stakeholders empowerment.

OUR VISION

Our vision is of a world where men and women are equal and healthy, free to make their own choices, with equal access to quality health care and services. A world where the rights of every individual, including the right to health, are respected regardless of gender, origin, religion, sexual orientation or political affiliation.

A world where special attention is paid to the most vulnerable populations to help reduce social inequalities in health. Our organisation is in line with current developments in international solidarity, aiming at the autonomy of people and organisations in the African countries where we intervene through a localised approach to aid, strengthening the role

of national actors and taking into account the evolution of health determinants and the combined impact of health, socio-economic, political and environmental crises.

OUR HISTORY

Solthis is a non-profit organisation under the French law of 1901, created in 2003 on the initiative of infectious diseases doctors from the Pitié Salpêtrière Hospital in Paris. Initially involved in the fight against HIV in Africa, Solthis has progressively extended its fields of action to other health issues such as tuberculosis, maternal and child health,

sexual and reproductive health, and emerging infectious diseases. Solthis has developed expertise in global health and is committed to the right to health for all. We bring this expertise to ministries, health professionals, patient networks, communities, civil society and populations.

OUR TEAMS



100% of our activities and **80%** % of our staff are deployed in the 6 countries where we have permanent offices in West Africa: Côte d'Ivoire, Guinea, Mali, Niger, Senegal, Sierra Leone. Our headquarters are based in Paris, France.

OUR VALUES AND ENGAGEMENTS

① PROFESSIONNALISM AND ACCOUNTABILITY

Our teams are professionals, experts in the field of international solidarity, looking for effective modes of intervention, and accountable to the people benefiting from our actions and to our donors.

② SOLIDARITY AND ENGAGEMENT

We are part of the international solidarity movement, and we are actively engaged in defending the right to health for all.

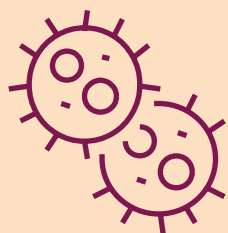
③ EQUITY AND INCLUSION

We are fighting for a fairer world where everyone participates in decisions related to their health and where access to health is guaranteed for all.



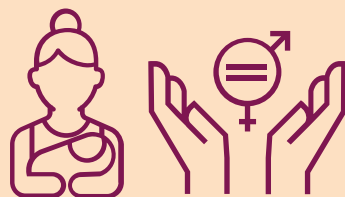
THE GENDER APPROACH IS INTEGRATED TRANSVERSALLY INTO OUR PROGRAMMES AND OUR ORGANISATION

In our projects, we collaborate with all our partners and the population to identify and analyse the socio-cultural, economic and political determinants as well as the cross-subordination relationships, and to promote the process of empowering people to claim their rights to health, including sexual and reproductive rights, non-discrimination and equality. This strategy is also reflected in our human resources policies and in our fight against harassment and discrimination. We want to promote a common ownership of the gender approach through awareness raising and training of all Solthis teams.

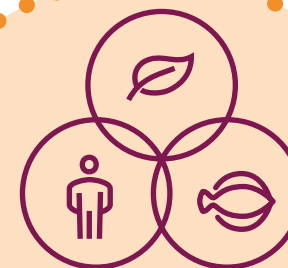


INFECTIOUS AND EMERGING DISEASES

HIV, Tuberculosis,
Covid-19, Hepatitis B



SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS, AND CHILD HEALTH



ONE HEALTH

We are exploring the operationalisation
of the 'One Health' concept,
which links human, animal
and environmental health.





INFECTIOUS AND EMERGING DISEASES

HIV/AIDS

- Differentiated care delivery for adults and children/adolescents.
- Fighting stigma (sharing status, peer involvement)
- Taking into account the psycho-social dimensions in both HIV prevention and care
- Prevention of mother-to-child transmission (PMTCT) (including triple elimination of HIV - Hepatitis B virus (HBV)-syphilis) and care for HIV-exposed children
- Access to biological monitoring (especially for management of virological failure) and antiretroviral treatment
- Diagnosis and management of co-morbidities in people living with HIV (PLHIV): tuberculosis, cardiovascular pathologies, human papilloma virus (HPV), opportunistic infections, etc.

TUBERCULOSIS

- Differentiated delivery of screening and care for adults and children
- Screening for TB in PLHIV and implementation of TB preventive treatment in PLHIV.
- Work on stigma issues (status sharing, peer engagement)
- Integration of psycho-social dimensions in patients care, and in particular the therapeutic adherence issues, which guarantees the effectiveness and prevention of resistant strains emergence

INFECTIOUS AND EMERGING DISEASES LIKE COVID-19

- Diagnosis and management of COVID-19
- Adapting essential services in times of epidemic crisis to ensure continuity of care, especially for chronic diseases
- Prevention, including strengthening hygiene and infection control in health systems and the community; awareness raising and immunisation

HEPATITIS B VIRUS

- Expanding access to testing and treatment for people who are mono- infected with HBV
- Vaccination from birth (triple elimination)



SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS, AND CHILD HEALTH

SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR)

- Comprehensive sexuality education
- Contraceptive counselling and services
- Prevention and management of sexually transmitted infections (STIs)/HIV
- Prevention, screening and management of cervical cancer
- Prevention, detection and management of gender-based violence
- Strengthening service delivery for young people and adolescents and taking into account the specific needs of people in vulnerable situations
- Integration of SRH and HIV services
- Comprehensive abortion care

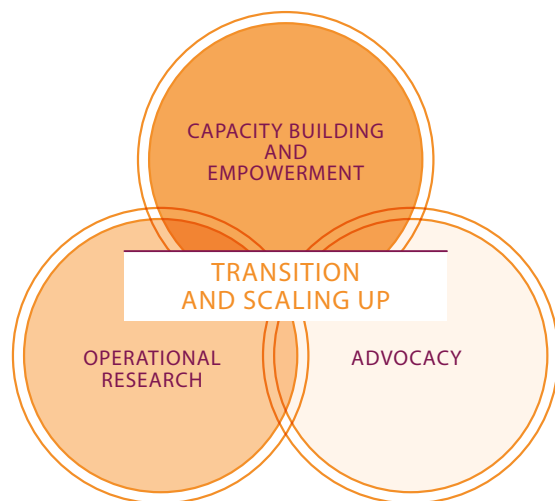
CHILD HEALTH AND PRIMARY HEALTH CARE

- Integrated Management of Childhood Illness (IMCI)
- Management of infectious and emerging diseases
- Establishment of a functional referral system to adapted health facilities
- Support prevention, including access to vaccines and health information

Solthis relies on the expertise of its teams and its partnership approach to develop a multiplicative impact approach, with effective projects that provide integrated and sustainable responses in line with the needs of the populations and built with the stakeholders. Solthis' action is part of a global approach to health promotion and health system strengthening.

1.

A MULTIPLYING APPROACH
OF OUR IMPACT



By combining these modes of intervention, Solthis aims at achieving transition and scale up of its interventions through national stakeholders and partners, for a greater and sustainable impact.

2.

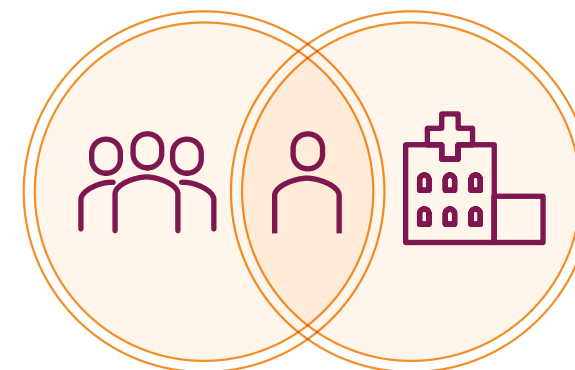
A PARTNERSHIP APPROACH
AT THE HEART OF OUR PROJECTS



«As local as possible, as international as necessary», we integrate our action into local strategies and policies and support our partners on the basis of the needs they express, while remaining faithful to our principle of non-substitution.

3.

A HEALTH PROMOTION APPROACH
TO STRENGTHEN HEALTH SYSTEMS
AND COMMUNITY HEALTH



Our approach to health promotion is participatory and inclusive. Solthis works to strengthen health systems on the one hand, and civil society organisations and individuals on the other, to ensure access to quality and more efficient services.

1. AN IMPACT MULTIPLYING APPROACH



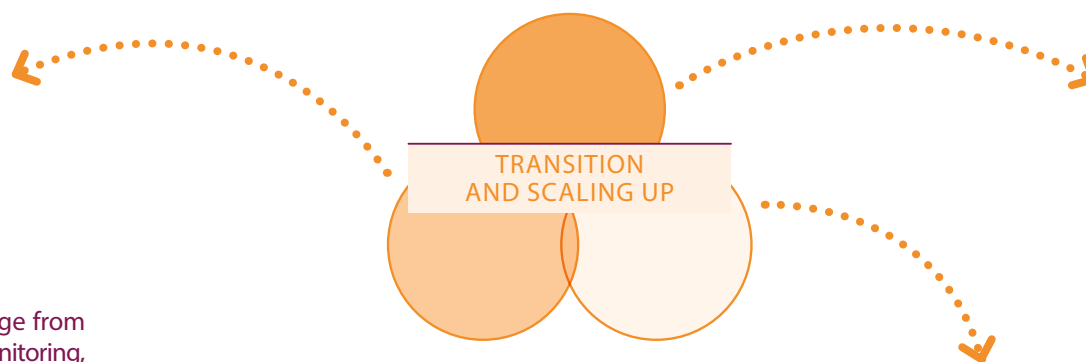
Our interventions are designed from the outset to be integrated into health systems and community actions, based on a detailed analysis of priority needs, complementary to existing initiatives, and carried out by national actors (institutions, health services, communities). This approach, which places the partnership with frontline actors at the centre, allows for better ownership and sustainability of interventions.



OPERATIONAL RESEARCH

PRODUCING KNOWLEDGE TO IMPROVE INTERVENTIONS

- We produce a continuum of knowledge from field experience; analysing data from Monitoring, Evaluation, Accountability and Learning, as well as scientific evidence produced from our projects.
- Our research is supported by international academic partnerships, in our countries of intervention, and with the support of our scientific committee.
- We have a multidisciplinary (epidemiological, medical, sociological, anthropological, economic, political) and participatory vision in order to strengthen knowledge sharing and the co-construction of interventions with all stakeholders (academic, political, population) in order to improve the quality of our interventions.
- Capitalisation and knowledge translation activities promote evidence-based decision making by institutions and communities. Scientific communication is also a way of enhancing knowledge sharing, as well as promoting Solthis' visibility.



ADVOCACY

INFLUENCE AND OWNERSHIP BY DECISION-MAKERS AT LOCAL, NATIONAL AND INTERNATIONAL LEVELS

- Our advocacy is based on our technical and operational expertise and our knowledge of the challenges and difficulties in the countries where we work. It is evidence-based, drawing on our knowledge production and operational research findings, and enables us to develop demands for health policy change.
- OUR ADVOCACY TAKES PLACE AT TWO LEVELS:
 - the project level to enable the integration of effective interventions into public policy and carry out advocacy actions with our partners in favour of health rights;
 - the global level, to promote relevant approaches to health, financing mechanisms, equitable access to quality health services, global health governance.



CAPACITY BUILDING AND EMPOWERMENT

A PARTNERSHIP APPROACH TO EMPOWER NATIONAL ACTORS, AVOIDING ANY SUBSTITUTION

In line with the principle of non-substitution, Solthis focuses its action on supporting local structures and actors by developing their skills and capacities in order to promote their autonomy and the sustainability of their interventions.

3 LEVELS OF CAPACITY BUILDING:

- INDIVIDUAL (patients and users; health professionals; community actors and civil society; institutional actors and managers)
- ORGANISATIONAL (infrastructure and equipment)
- NATIONAL (political and institutional)

4 TYPES OF SUPPORT:

- Capacity building and individual empowerment
- Organisational counselling and institutional strengthening
- Material support
- Advice and expertise to decision-makers, advocacy, technical assistance

2. A PARTNERSHIP APPROACH AT THE HEART OF OUR PROJECTS

Solthis relies on the legitimacy of national and local actors in the definition and implementation of national health strategies.

Our strategy is based on close partnerships with these various national institutional actors (Ministries of Health, National AIDS Control Coordination (NACC) etc.); associations (CSOs, NGOs, INGOs); academic partners and research institutes; health structures and health personnel.

Following the logic of « localisation of aid» and the concept of « as local as possible, as international as necessary»*, we want to increase the role of the actors closest to the action by working in non-substitution. To this end, we integrate our action into national strategies and policies and support our partners on the basis of the needs they express.

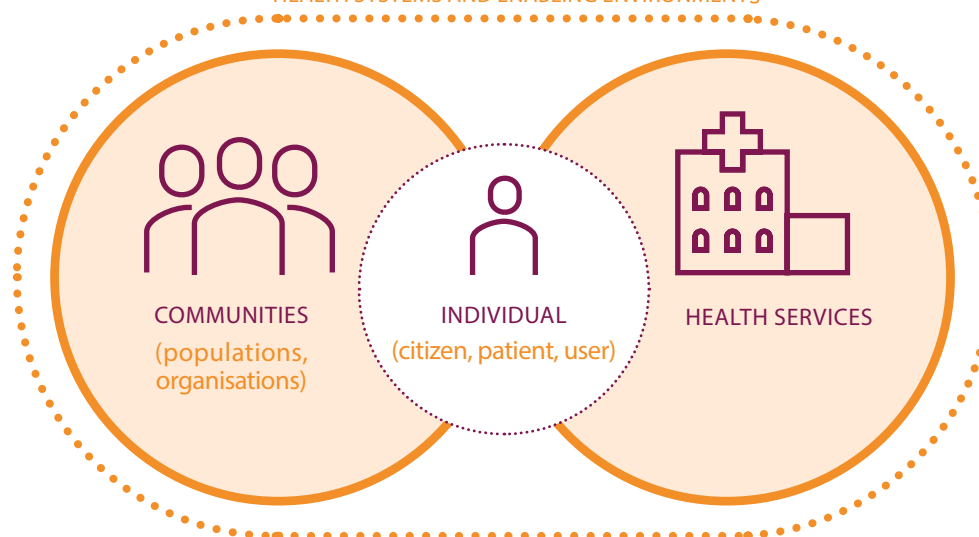
Our partnership approach with civil society organisations (CSOs) has been strengthened in recent years.

We aim to provide support to CSOs in their structural strengthening, ranging from strengthening their technical expertise to capacity to obtain direct funding, through operational research, monitoring, evaluation, administrative and financial management capacity building. Our partnership approach also includes the ambition to forge more alliances with associative and research partners in terms of advocacy, both at the country and global level.

3. A HEALTH PROMOTION APPROACH TO STRENGTHEN HEALTH SYSTEMS AND COMMUNITY HEALTH

AN ACTION ON MULTIPLE LEVELS

HEALTH SYSTEMS AND ENABLING ENVIRONMENTS



USING OUR THREE METHODS OF INTERVENTION

(Advocacy, Capacity building and Empowerment, Operational research)



TO IMPROVE THE HEALTH OF POPULATIONS

* Istanbul Humanitarian Summit, UNGS 2016

THREE FOCUSES ON ACTIONS THAT WE WANT TO DEVELOP IN THE PERIOD 2022-2025



TECHNICAL ASSISTANCES



Technical assistance at Solthis aims to meet the needs of countries in technical expertise. We have a pool of over 500 experts. We provide support at all levels of the health pyramid, working on both the supply and demand sides of health systems. We intervene to support the design, implementation and monitoring-evaluation of the various health system blocks, taking into account national specificities. In complementarity with ongoing projects and programmes, technical assistance aims to strengthen the effectiveness and impact of national programmes.



SELF-CARE



Solthis is particularly committed to self-care*. Solthis, having developed projects that include this approach (such as the HIV self-test), reaffirms its importance in improving access to care. Solthis understands self-care, through the three complementary fields of

- self-awareness,
- self-testing,
- self-care.

These approaches are part of our overall approach to health promotion, and we seek to encourage real access to a complete continuum of care, from self-care to care within the various health structures.

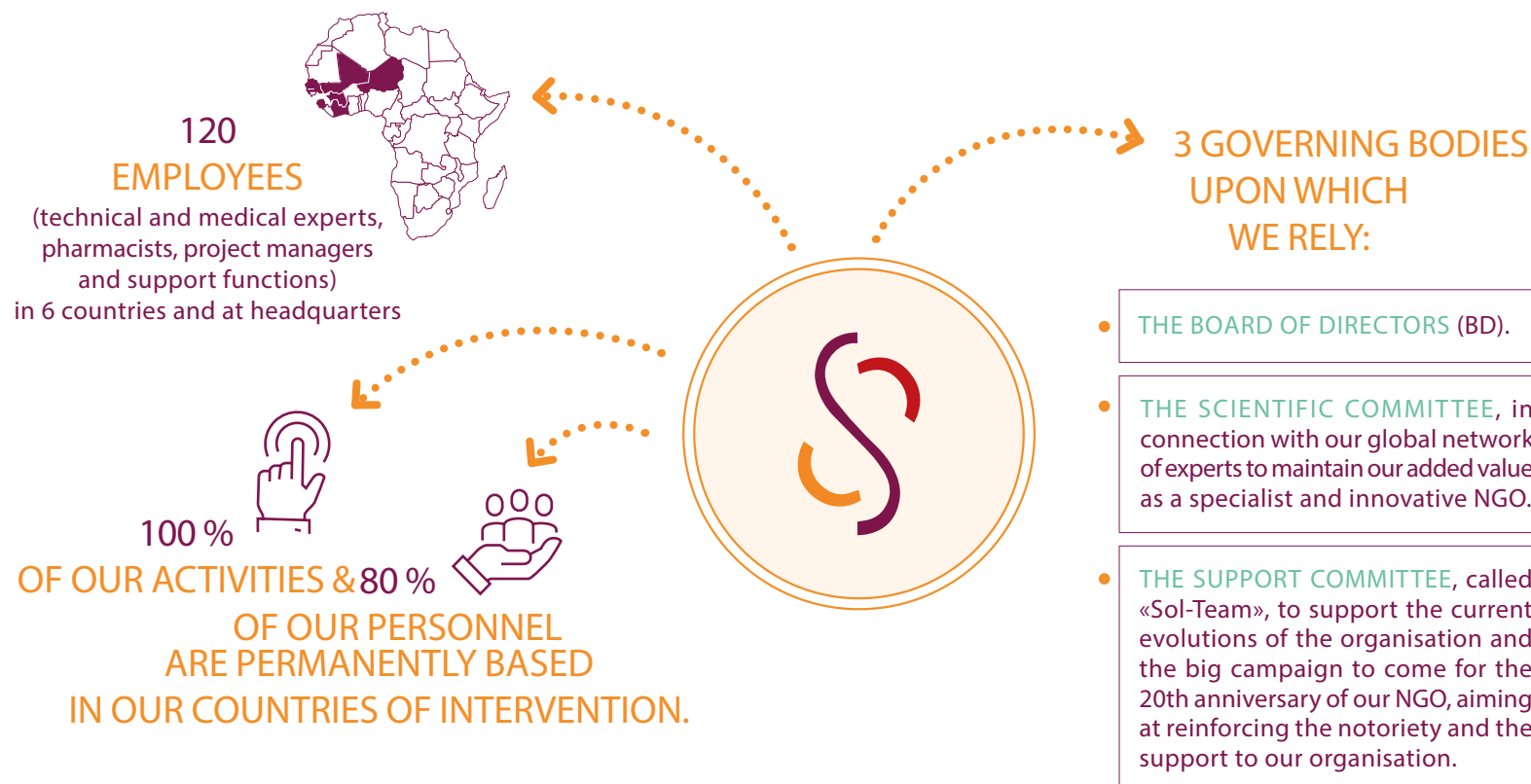


DIGITAL HEALTH



Solthis wishes to take advantage of technologies, and in particular digital technologies, which offer opportunities to develop new health services overcoming distances (tele-consultation for example) and to improve the level and quality of the services offered (tele-expertise). In addition, the potential of digital technologies can be explored to improve skills acquisition and boost training. Over the period 2022-2025, we also want to improve the digital «literacy» of health personnel and associative actors, as well as the exploitation and analysis of data and the use of digital technology.

* WHO, Guideline on Self-Care Interventions for Health and Well-Being, 2021



96%
OF THE ORGANISATION'S RESOURCES
ALLOCATED TO ITS SOCIAL MISSIONS IN 2021

BETWEEN
10 and 15 million
EUROS OF BUDGET EACH YEAR

3 FINANCIAL SOURCES

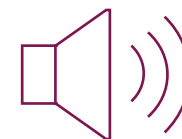




HUMAN RESOURCES

OUR APPROACH «BE AS LOCAL AS POSSIBLE, AS INTERNATIONAL AS NECESSARY» IS BASED ON 5 LINES OF ACTION WITHIN THE ORGANISATION:

- 1 **CLARIFY ROLES, RESPONSIBILITIES AND PROCESSES**
Empowering country office teams by increasing the level of decision-making in the coordination positions, making them accountable for decisions taken.
- 2 **TRAIN/EQUIP OUR TEAMS TO STRENGTHEN THEIR SKILLS**
- 3 **RECRUIT, INTEGRATE AND ENGAGE**
We give priority to national profiles when recruiting and develop the commitment of our employees.
- 4 **FAIR AND RESPONSIBLE PAY**
Our salaries are adapted to the context, fair and defined so as not to destabilize the local work market.
- 5 **GUARANTEE A HEALTHY WORKING ENVIRONMENT**
We continue to develop good practices to ensure the protection of our teams.



COMMUNICATION

THE ASSOCIATION'S COMMUNICATION WILL FOCUS ON 4 PRIORITY AREAS:

- 1 Increase our reputation by promoting our specificity and our results
- 2 Enhance our knowledge production for advocacy and sharing our results with our partners and other development actors
- 3 Build our legitimacy with donors and companies and find new supporters
- 4 Mobilise to engage: develop our brand image, attract and retain talents, federate the circle of the «Sol-team» and our community to support our actions and advocacy for the right to health



1 COMMUNICATION AND FUNDRAISING CAMPAIGN FOR THE 20TH ANNIVERSARY OF SOLTHIS IN 2023



